

cated to God and striving to nurture within her the virtues of love, charity, humility, sacrifice and sanctity. In the Abbey she fulfilled various reponsibilities including those of porter, sacristan, instructress of novices and finally Abbess.

She died on Sunday, 25th February 1865 at the age of 48 years - a date she had predicted earlier.

On the 29th April, 1898, Pope Leo XIII declared her Veneralble and the process for her cononisation began.

St. John of the Cross was born in 1542. His fame rests not only on the Post-Tridentine reform of the carmelite order which led to the founding of the Discalced Carmelites, but also upon his mystical teachings. The depth of religious experience transmitted in his spiritual works singles him out as one of Christendom's supreme mystics. His writings also extend to the sphere of poetry which are renowned in Christian literature.

The life of St. John of the Cross was one of dynamism; he has been called by Pope John Paul II \* a Master in Faith and a witness to the living God \*